

## Family Focused Solution Based Services (FFSBS)

Family Focused Solution Based Services (FFSBS) provides in-home therapeutic support and case management through the least restrictive range of mental health services. FFSBS works to reduce the need of out-of-home placements by supporting and educating families to maintain their roles as primary caregivers enabling families and children, together, to develop strategies toward healing.

FOR MORE  
INFORMATION, CONTACT  
FAMILY RESOURCES  
ADMISSION DEPARTMENT  
412.363.1702  
AND PRESS "2"

### *How it works...*

Through a team-based approach, FFSBS offers highly flexible and tailored plans to meet the individual needs of each family including:

- Weekly in-home sessions up to 24 weeks
- Check-in support 24 hours a day, 7 days a week
- Flexible scheduling options
- Individual and family therapy
- Crisis intervention
- Case management
- Skill building
- Referrals to other Family Resources services or community programs

The following are the guiding principles for FFSBS in accordance with the Pennsylvania Child and Adolescent Service System Program (CASSP):

- Child-centered
- Family-focused
- Community-based
- Multi-system
- Culturally competent
- Least restrictive

### *Eligibility*

- Primary mental health diagnosis
- Medical assistance coverage
- Parent or caregiver is willing to participate in Family Resources treatment and services
- Child must be at risk for abuse and/or neglect and out-of-home placement
- A parent or caregiver with a child under the age of 3 experiencing episodes of depression regardless of CYF or Juvenile Probation involvement or relationship to the child