

## Family-Based Mental Health Services

Our Family-Based Mental Health Services, through comprehensive therapeutic interventions and trauma-informed care, support families of children who are at risk of child abuse and/or neglect or are affected by mental health issues. Our services are child-focused, family-centered, culturally competent, collaborative with other systems, and work to keep each child in the home.

### *How it works...*

Through a team-based approach, delivered by family-based therapists, mental health workers, on-site psychiatrists, and in-home services, Family-Based Mental Health Services offers flexible and tailored plans to meet the individual needs of each family including:

- Case management
- On-call coverage 24 hours a day, seven days a week
- Individual and family therapy
- Flexible scheduling options
- Access to on-site psychiatrists
- Individual assessments and treatment planning
- Advocacy
- Referrals to other Family Resources services or community programs

### *Eligibility:*

- Primary mental health diagnosis
- Child or adolescent is at risk of child abuse and/or neglect and/or out-of-home placement
- Referral from a psychiatrist or psychologist
- Parent or caregiver is willing to participate in Family Resources treatment and services

### *Family Resources*

Everything we do is focused on creating a better future for our children. We provide families and neighborhoods the tools they need to keep children safe, prevent abuse, manage conflict and support the changing needs of families.

Learn more about Family Resources services: [www.familyresources.org](http://www.familyresources.org)

FOR MORE  
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