

Family Focused Solution Based Services (FFSBS)

Family Focused Solution Based Services (FFSBS) provides in-home therapeutic support and case management through the least restrictive range of mental health services. FFSBS works to reduce the need of out-of-home placements by supporting and educating families to maintain their roles as primary caregivers enabling families and children, together, to develop strategies toward healing.

How it works...

Through a team based approach, FFSBS offers highly flexible and tailored plans to meet the individual needs of each family including:

- Weekly in-home sessions up to 24 weeks
- Check-in support 24 hours a day, 7 days a week
- Flexible scheduling options
- Individual and family therapy
- Crisis intervention
- Case management
- Skill building
- Referrals to other Family Resources services or community programs

The following are the guiding principles for FFSBS in accordance with The Pennsylvania Child and Adolescent Service System Program (CASSP):

- Child-centered
- Family-focused
- Community-based
- Multi-system
- Culturally competent
- Least restrictive

Eligibility:

- Primary mental health diagnosis
- Medical assistance coverage
- Parent or caregiver is willing to participate in Family Resources treatment and services
- Involved with at least one of the following systems: Allegheny County Children, Youth and Family (CYF) or Juvenile Probation
- Child must be at-risk for abuse and/or neglect and out-of-home placement
- A parent or caregiver with a child under the age of 3 experiencing episodes of depression regardless of CYF or Juvenile Probation involvement or relationship to the child

FOR MORE
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