

First Steps

WHO WE SERVE



Families with pregnant women
Families with children up to the age of 5
Allegheny County residents
No insurance required

PROGRAM FOCUS



Parenting skills
Child development
Developing healthy boundaries
Stress management
Discipline techniques

HOW IT WORKS



Voluntary program
Parent support through home visits
Strengths-based collaborative approach
Relationship and skill building
Goal planning

LENGTH OF PROGRAM



Services are available until the child reaches the age of 5.