

Parent -Teen Conflict Program

Family Resources unique Parent-Teen Conflict Program offers free counseling services to families who are experiencing conflict, struggling to create or maintain a positive home environment, or having difficulty managing a child or teenager's behavior. By focusing on topics such as structure in the home, communication, and relationship and skill building, the Parent-Teen Conflict Program is able to develop strong, supportive families and resources that enhance family functioning.

How it works...

The Parent-Teen Conflict Program offers highly flexible and tailored plans to meet the individual needs of each family. Through a collaborative, strength-based approach, a diverse group of In-Home Specialists are prepared to offer the following services:

- Ninety days of counseling services with no limit to the number of individual or family sessions
- Individual sessions may include meeting with the child or adolescent during school hours with parental permission
- Three assessments: Family functioning and environment, trauma history and symptoms, and safety
- Referrals to other Family Resources services or community programs

Typical discussion topics include:

- Defiant behavior and consequences
- Bullying
- Truancy
- Expectations and roles of family members

Eligibility:

- Families with children or teenagers 8-18 years old
- Allegheny County resident
- No insurance requirements

**FOR MORE
INFORMATION CONTACT
FAMILY RESOURCES
ADMISSIONS
DEPARTMENT
412.363.1702
AND PRESS "2"**