Parent-Child Interaction Therapy

Are You Struggling with Your Child’s Behavior?

It can be difficult to work with a child who is struggling with behavioral issues, especially when you are unsure of the next step to take. The Parent-Child Interaction Therapy program is offered for children ages 2-7 who struggle with disruptive or difficult behavior, including verbal or physical aggression, defiance, noncompliance, temper tantrums or ADHD symptoms.

PCIT Can Help

The Parent-Child Interaction Therapy (PCIT) works to address problems in a collaborative, age-appropriate, and supportive environment. Through clinician-guided interactions, the parent learns to effectively address these behavioral concerns, leading to an improved relationship with the child.

How it Works

• Using a one-way mirror and wireless earpiece, real-time clinician guidance enhances parent-child relationships

• Skills are easily incorporated into daily life thanks to regular weekly sessions over 15-20 weeks

• On-going supports through booster sessions are available at one, three, six, and twelve months to maintain parenting skills and address new problems as they emerge

• Moderated interaction addresses behavioral concerns in the moment

• Caregivers are taught appropriate behavioral modification tools to address problem behavior as it happens in a controlled environment

• The parent-child relationship improves as boundaries are reset and expectations are maintained
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