

# Reach Out to Families

## WHO WE SERVE



- Families with pregnant women
- Families with children up to the age of 18
- Allegheny County residents
- No insurance required

## PROGRAM FOCUS



- Parenting skills
- Parent-child conflict
- Developing healthy boundaries
- Stress management
- Discipline techniques

## HOW IT WORKS



- Voluntary program
- Parent support through home visits
- Strengths-based collaborative approach
- Relationship and skill building
- Goal planning

## LENGTH OF PROGRAM



Services are available until the child reaches the age of 18.