

## Therapeutic Preschool

*Now enrolling preschool-aged children*

Family Resources Therapeutic Preschool supports social and emotional learning for children ages 3-5. Here, children who have experienced trauma and need emotional and behavioral support can find the environment that they need to heal, build confidence, and pave the path to be successfully enrolled in a traditional school setting.

- The Therapeutic Preschool operates 5 days per week, 8:30 am - 2:30 pm, at no charge to the family.
- Each day provides 6 hours of social and emotional programming in a state of the art facility.
- Children can be enrolled in the fall, winter, or spring.
- Our 1:5 staff-to-child ratio allows for a more individualized academic experience.

### *Why Choose the Therapeutic Preschool?*

Our program focuses on the successful development of all students in education and social-emotional well-being. We educate and support parents and caregivers who are faced with the challenges of raising a child who has experienced trauma. Children are encouraged to develop play and other social skills, self-esteem, and trust. Together, we work to prepare children for entry into inclusive, neighborhood schools.

The Therapeutic Preschool also offers:

- Home visits and consultations
- Monthly family engagement activities and field trips
- Classroom activities such as yoga, theraplay, and feelings check-ins
- Meals under the Child and Adult Care Food Program at no charge
- Caregivers who are educated in the appropriate behavioral modification tools to address problem behavior as it happens in a controlled environment
- Coaching to improve the parent-child relationship as boundaries are reset and expectations are maintained.

### *Eligibility*

- Child is between 3-5 years old, has a history of trauma and/or special needs such as behavioral concerns or developmental delays, or has an autism spectrum diagnosis.
- Child has challenges that would make it difficult to succeed in an environment such as Head Start.
- Parent or caregiver is willing to participate in treatment and services at Family Resources, as well as attend monthly parent engagement activities.
- Parents or caregivers are responsible for the child's transportation. However, if the student has an Individual Education Program (IEP), transportation may be provided by the school district.

**FOR MORE  
INFORMATION,  
TO MAKE A REFERRAL,  
OR TO ENROLL A CHILD,  
CONTACT  
JESSICA SOUPLY  
412.363.1702 EXT 1402**